

## **Fitness**

### **Barstow Park**

Location: Near West Dartmouth & Princeton  
Size: 19.39 acres  
Features: Soccer fields, disc golf, lighted tennis courts, softball fields picnic shelters, playground areas, ice rink with warming house, volleyball courts and fitness course.

### **Comfort Inn**

Location: 701 West Cherry Street  
Phone: 605-624-8333  
Toll Free: 877-424-6423  
Website: [www.comfortinn.com/hotels/sd15](http://www.comfortinn.com/hotels/sd15)  
Features: 46 spacious rooms, hot continental breakfast, large indoor pool, fully equipped fitness center, wireless internet.

### **Heart & Soul Fitness Center & Dance Studio**

Location: 15 Court Street  
Phone: 605-624-6818  
Website: [www.heartandsoulfitness.com](http://www.heartandsoulfitness.com)  
Features: Dance classes, pilates, aerobics, yoga, kickboxing, circuit training and nutrition products. Day pass or membership.